

Services for families with ASD children

ADDvanced Solutions

Website: <http://www.addvancedsolutions.co.uk>

Tel: 0151 486 1788

Email: info@advancedsolutions.co.uk

Business First Centre, 23 Goodlass Road, Speke L24 9HJ

Office Hours: Monday - Friday 9.00am - 5.00pm

ADDvanced Solutions is a Community Interest Company, not for profit social enterprise developed through consultation and participation of families living with and struggling to cope with the daily challenges of unmanaged and unsupported Neurodevelopmental conditions including autism spectrum disorder, HFA, sensory processing difficulties, ADHD, dyslexia, dyspraxia, dyscalculia, dysgraphia, fragile X, communication difficulties, special educational needs and disability.

- **For Parents:** Community Network Groups, Solution Focused Drop-In sessions, Family Learning Programme, Awareness Raising for Extended Family
- **For Children and Young People:** We deliver a children and young person's creative arts afterschool project for children, young people and their siblings, aged 5-14 living with Neurodevelopmental conditions. These groups are delivered in partnership with the Black-E Community Arts based charity in the city centre.

Tuesdays – 4.00pm – 6.00pm for young people aged 9 -14

Wednesdays – 4.00pm – 6.00pm for young people aged 5–12

Both of these projects offer a Community Network Group running alongside these activities.

Come along and join in the session, meet other families, share knowledge, skills and learning to help you better identify the needs of your family.

- **Young people's groups:** We offer social and communication groups for young people living with Neurodevelopmental conditions. These groups are targeted at young people aged 12-14 and 15-19 delivered on Thursdays until further notice. For more information please contact info@advancedsolutions.co.uk
- **Sibling Group:** A monthly siblings group is also held on the last Thursday of every month from 6.00pm - 7.30pm at our Community Network Office at Business First Centre, 23 Goodlass Road, Speke, Liverpool L24 9HJ
- **For dates and further details, please see their web calendar.**

Face2Face

Face 2 Face is a joint project between the Charity 'Scope' and Alder Hey. They offer emotional support to any parent or carer of a disabled/complex needs child accessing any of Alder Hey's services. Their support is delivered by trained parent volunteers called 'Befrienders', who are all parents of disabled/complex needs children. They have special expertise with ASD and ADHD children and happy to provide support to parents.

Contact: Vicky Harris 07843 467588

email:vicky.harris@scope.org.uk or Vicky.harris@alderhey.nhs.uk

ASD Training Team

Our Services

The Liverpool Autism Training Team is part of Liverpool city council children's service. We offer training, advise and support to families/carers of a child/young person aged 0-19 years who are awaiting an assessment of Autistic Spectrum Disorder (ASD) or who have received a diagnosis. We have a long history of working together with parent support groups as well as other support services; this enables us to sign post you to other sources of help and support.

Training we provide: The sessions are tailored to meet the needs of different age groups and to support their development. The sessions aim to build on the families knowledge of ASD and help them to develop practical strategies to support their child. The sessions are one half day a weeks and are over 6 or 7 weeks.

Drop in sessions: The sessions take place twice month in different children's centre's across the city. They are for family members/professional who have concerns about their child/young person and to discuss in a private one to one setting.

For more information contact the team:

Tel 0151 233 5988

Email: asdtrainingteamliverpool.gov.uk

liverpool.gov.uk/localoffer

Advisory Session with ASD Psychologists

This service is available to you if

- you have a Liverpool GP
- your child is already on the waiting list for the Liverpool ASD Pathway assessment

If you want to discuss any issues with a ASD Pathway Psychologist

Please contact: Heather Vanderwerff
ASD Pathway Coordinator
Community Neurodisability/Neurodevelopmental Paediatrics
Integrated Community Services
Building No. 1, Alder Hey Children's NHS Foundation Trust, Retained
Estate Entrance, Alder Road, Liverpool L12 2AP
Tel: 0151 252 5252 Extension: 2252
Fax: 0151 252 5085

Useful web sites on ASD

National Autistic Society www.autism.org.uk

Autism Education Trust <http://www.autismeducationtrust.org.uk/>

Autism Directory <http://www.theautismdirectory.com/default.asp?contentID=1>

Commissioned reports on ASD services in Merseyside and Cheshire

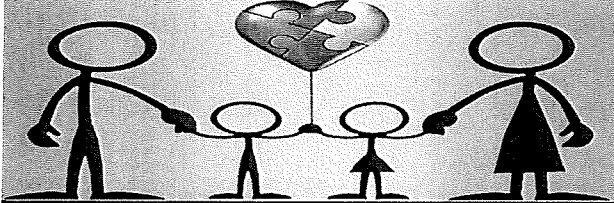
<http://www.evidence.nhs.uk/Search?om=%5B%7B%22srn%22:%5B%22Centre%20for%20Public%20Health,%20Liverpool%20John%20Moores%20University%22%5D%7D%5D&q=autism>

Foundation of Art and Creative Technology (FACT)

<http://www.fact.co.uk/>

Autism-Friendly Film Screenings

We understand that it's not always easy to find suitable activities for children and teenagers with autism, which is why we offer autism-friendly screenings with reduced volume and increased lighting. Our programme of autism-friendly screenings also welcomes family, friends and carers, with all tickets priced at £3 each.



Parent Support Group
Liverpool Autistic Children's Alliance


Liverpool Autistic Children's Alliance are a voluntary parent group that offers friendship, support, the sharing of ideas, difficulties and concerns, to parents and carers of a child with autism.

The group is very informal and welcomes anyone who is interested in meeting other parents and carers of autistic children.


We hope that you can come to one of our monthly meetings and we look forward to meeting you.

We meet on the first Friday of every month at 10am at:

The Joseph Lapin Centre
Mill Lane, Old Swan
Liverpool, L13 5TF



Email: liverpool.acalliance@gmail.com
Phone: 07851 594 854

 Find us on Facebook [liverpoolautisticchildren](https://www.facebook.com/liverpoolautisticchildren)

Liverpool Parent's Interest Group

We are a support and information group for parents and carers of children with social and communication difficulties (including autism and Asperger's syndrome). At present we meet monthly at the church hall at Merseyside Christian Fellowship, 22 Richmond Park, Anfield, and have facilities for younger children, if you need to bring them along. Please feel welcome to come along and to invite someone to come with you.

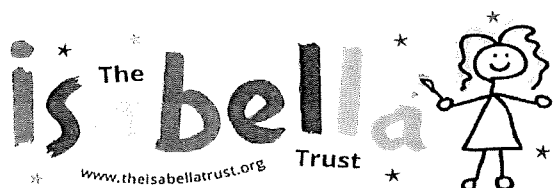
Ring June (0151 260 3813) or Babs (0151 724 1446)

Cerebra

<http://w3.cerebra.org.uk/>

This is a National Charity to help children with brain related problems. They provide several services to parents.

- Sleep service: local sleep clinics, sleep pack
- Tailor-made equipment for disabled children
- Grants to purchase equipment
- Holiday homes for disabled children and their families
- Postal library
- Support worker in Liverpool



The **is bella** Trust aims to improve the quality of life of children with Autistic Spectrum Disorder and Sensory Processing Difficulties by supporting their families and carers.

60 - 64 Townsend Lane
Anfield, Liverpool, L6 0BA
www.theisabellatrust.org
Email: info@theisabellatrust.org
Tel: 07956 749 774

The Isabella Trust currently provides the following:

Access to Sensory Assessments
Childrens Sensory Activities
Access to Sensory Clinic Appointments

Short courses on the following:

An Introduction to Autism
Sensory Processing Difficulties
Understanding Behaviour
Eating difficulties
Managing Anger
Supporting Siblings

Adult Asperger & ADHD Services

Liverpool: Mersey Care NHS Trust Community Hub, Falklands Approach, Norris Green, Liverpool L11 5BS Phone: 0151 737 4800

Sefton Asperger Service, 2nd Floor, Hesketh Centre, 51-55 Albert Road, Southport PR8 0LT
Sefton ADHD Tel: 0151 330 6904

FOCUS

LIVERPOOL

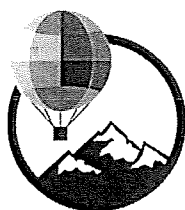
<http://www.focusliverpool.co.uk/>

We offer support in Liverpool and surrounding area's for families with children with autism, where parents and volunteers can gain training, impartial advice and support to start their home ABA programme or career, whilst also giving the children a 12 week taster into ABA.

What do we offer?

- Support for families going through diagnosis or those already diagnosed
- Implementing ABA in a home setting along with Saturday sessions
- Records and data of your child to show the progress made through ABA for you to use for schools, nurseries and for implementing a new home program
- Support to new tutors wanting to work within the ABA field
- Support and advice on getting the right evidence and information together to present to schools for any tribunals or local authority meetings
- Weekly support meetings with other parents whilst your child is in their sessions
- Training from outside professionals for you whilst your child is in their sessions

Focus Saturday School utilises the principles of ABA to teach social and group skills via a natural environment teaching approach. Children are initially grouped according to their social readiness with the aim of teaching skills with an adult, developing to demonstrating with peers and then within a small group. We have added a social skills group for the 2nd cohort working on teaching social skills and social communication within a group setting.



**Autism
Adventures
UK Ltd.**

<http://www.liverpoolautismadventures.co.uk/>

We are a Community Business Enterprise that offers families living with Autism, leisure and play opportunities in an Autism friendly setting exclusive use of activities during school holidays.

We promote awareness of Autism with campaigns and events throughout the year to showcase all opportunities for families to access.

Training and awareness programmes for Business are provided to enable companies to adapt their Business to cater for families living with Autism.

We offer help and advice to adapt your company to create an environment suitable for families on the spectrum to access.

Royal Vision Play and Stay Group

Want to have fun with your child in an environment that meets all children's needs.

Our play group is suitable for everyone, we have experienced staff who knows how to play & have fun with your little treasure. We cater for children age 0 – 5 years with multiple disabilities.

Profound and multiple learning disabilities, multiple sensory impairments and any other needs your child may have, were happy for you to come along, make new friends, seek advice and have fun. Siblings welcome & it's FREE.

WE MEET EVERY Wednesday 9.30-11.30am
AT THE Royal school for the Blind, Liverpool
Church road Wavertree L15 6TQ 0151 7331012
NO NEED TO BOOK JUST COME ALONG & JOIN IN
jo.espley@rsblind.co.uk



<http://www.autismtogether.co.uk/>

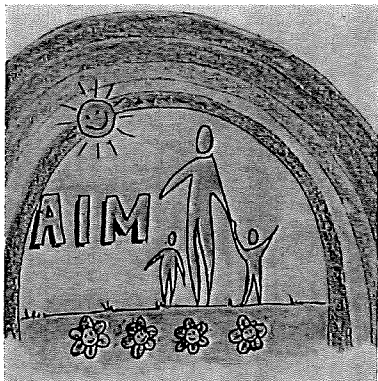
This is a charity providing a range of services to children and adults with ASD.

- Residential services
- Community and vocational services
- Home care and supported Living
- Children and family services
- Respite and short stay breaks
- Step into work

Sensory Friendly Places in the NW

<https://www.togethertrust.org.uk/blog/what%E2%80%99s-sensory-friendly-spaces-north-west>

Autism in Motion (AIM)



This is a local parent group. For further information, please visit the Facebook page.

[https://www.facebook.com/Autism-In-Motion-Liverpool-297728890577336/home?ref=page internal](https://www.facebook.com/Autism-In-Motion-Liverpool-297728890577336/home?ref=page_internal)
or phone Jo 0742 612 2293

Alder Hey Autism Spectrum Pathway

ASD Drop In Advisory Sessions

Informal Drop In Advisory Sessions are available to parents/carers of children on the ASD pathway to meet with professionals from the Alder Hey Autism Spectrum Pathway for information, support and advice.

Date: Every Tuesday between 09:30-12:30

Location: Alder Hey

To find more information and book your place, please contact Heather Vanderwerff on: **0151 2525 252**



At Mosaic Children's Therapy Centre, based in Cheshire, we provide occupational, speech-language, social/emotional/behavioural and play therapy services for children and young people with additional needs. We provide support for children with a range of difficulties. These include sensory processing disorder, autism spectrum disorder, developmental coordination disorder, attention deficit disorder, emotional and behavioural problems, speech/language/communication difficulties, and many other challenges faced by children and young people.

As an interdisciplinary team, we aim to serve children and their families. A variety of therapy options are available to promote choice and flexibility. We can work individually as therapists, or collaboratively as a team to enable children to reach their goals in the areas of functional daily activity, speech, language and communication, social skills, and emotional well-being.

Mosaic Children's Therapy Centre provides parents with an alternative to the NHS. We can also work in cooperation with the NHS if this is advantageous to the client. Clients can self-refer and will receive a prompt appointment."

<http://www.mosaicchildrenstherapy.co.uk/>

LEGO Therapy Social Skills Programmes

ASC Inclusion, Speke Training Education Centre, Speke Blvd , Liverpool, L24 9HZ

Contact details

Contact: Susan Fletcher
Telephone: 0151 7926530
Email: Legotherapy@asc-inclusion.org
URL <http://Www.asc-inclusion.org>

Description

Building social skills through play. ASC inclusion have limited spaces available for the next intake onto the 8 week programme. Research has proven LEGO Therapy is an effective social skills intervention which can improve:

Concentration
Joint focus
Eye contact
Problem solving
Language and listening skill
And many other positive social skill
And it's FUN!

Other Information

The programmes are delivered after school and are most effective for school age children. If you are interested please contact a member of the team to book an initial assessment.



AutismInitiatives
real friendships, unique solutions, positive outcomes.

<http://www.autisminitiatives.org/>

Autism Initiatives provides a range of person centred services throughout the UK. The charity provides services to children and adults, and encompasses education, residential houses, supported living and outreach services.

OSSME TRAINING

.by Autism Initiaves

Aim: To maximise support in school and with families.

To empower staff to use autism good practice.

OSSME provide an information and advice service to parents and education and other professionals to help support the child and young person who is at risk of not engaging in the curriculum, exclusion to stay in school or risk of non-attendance. We have developed resources to help parents understand their rights, and education professionals to understand their duties, under the Equality Act 2010. We have a training package on the differences that child and young person with autism/comorbid conditions display, at home and at school, the impact of the school day on home life and a child and young person's possibility to refuse school attendance or not engage in the curriculum. OSSME deliver a training package on effective reintegration of child and young person following those who are at risk of not engaging in the curriculum, exclusion to stay in school or risk of non-attendance. For children and young people who do not meet criteria for an EHC plan but require additional support is part of the training we provide.

OSSME TRAINING PACKAGES

Recommended for the Family

- Autism level one -
- Autism level two – includes emotions/behaviour
- Sensory Awareness level one –
- Sensory Awareness level two – setting up sensory diets
- Girls on the spectrum-
- Diagnosis Explanation -
- Comic Strip Conversation Support -
- Social Stories Support -
- Transition –
- Eating Habits -
- Puberty/Sex Ed Support -
- Personal and Social Development (emotions and behaviour) -
- Communication and thinking Support -
- Friendships –
- Sibling -
- Stress Management Support – (depression etc.) – mindfulness
- Life skills -
- Duel Conditions Support - PDA, ADHD, OCD, ODD, Personality Disorder, Dyslexia, Dyspraxia, Psychosis, for example –
- Transaction Analysis -
- Supporting Parents –
- Supporting Siblings –
- Bereavement –
- Early Years -

Recommended for School/Early Years/Special Provision

- Autism level one -
- Autism level two – includes emotions/behaviour
- Sensory Awareness level one –
- Sensory Awareness level two – setting up sensory diets
- Girls on the spectrum-
- Diagnosis Explanation -
- Comic Strip Conversation Support -
- Social Stories Support -
- Transition –
- Eating Habits -
- Puberty/Sex Ed Support -
- Personal and social development (emotions and behaviour) -
- Communication and thinking Support -
- Friendships –
- Sibling Groups -
- Stress Management Support – (depression etc.) – mindfulness
- Life skills -
- Duel Conditions Support - PDA, ADHD, OCD, ODD, Personality, Disorder, Dyslexia, Dyspraxia, Psychosis, for example –
- Transaction Analysis -
- Supporting Parents -
- Supporting Sibling –
- Bereavment –
- Early Years -

GCSE and AS Credits in Autism for school staff – family

Recommended for Child/Young Person

Understanding their Autism-
Communication training-
Social training-
Puberty/relationship training-
Hygiene training-
Dietary training-
Health and wellbeing training-
Life skills –
Transition -
Bereavement-

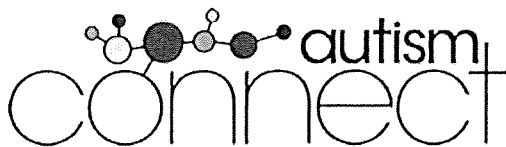
Package sizes dependent upon recipients and their requirements, e.g., parent group is a 6 week course. Training for schools can be adapted depending on the school requirements. Also see our Graduated Approach to Training.

Recommended for Siblings

General Awareness level one -
General Awareness level two-
Sensory Awareness level one –
Sibling 8 week programme-
Learning to play with your autistic sibling-

Training Costs (individual and group prices)

1-1 Training £40 per hour
10 people or less = £60 per hour
More than 10 people = £80 per hour
Or part of Consultancy Packages



<https://autism-connect.org.uk/index.php/site/community>

Autism Connect is a social networking site for people with autism and their families. It is a safe space to interact with others and share knowledge and experiences. Join now to get started!

Are you going on a holiday abroad?

Manchester Airport has dedicated booklets for families travelling with children with ASD. They also offer free wristbands for families to fast-track through check-in/security/passport etc. which can be obtained by contacting Manchester airport.

<http://www.manchesterairport.co.uk/about-us/media-centre/airport-awareness/>

Liverpool John Lennon also has relevant information and assistance for families

<http://www.liverpoolairport.com/help-advice/special-assistance/>

In preparation for the journey, John Lennon Airport has put together a guide, making the experience into a game. It is worth a download prior to flying. Also available is an autism awareness Voucher, able to assist you through security either independently or with some help from the special assistant service providers.

These vouchers can be obtained by contacting customerservices@liverpoolairport.com

Child Minders specialising in ASD children

Please check the Liverpool Early Help Directory

http://fsd.liverpool.gov.uk/kb5/liverpool/fsd/service.page?id=rTnAXC_rdFA

Pathological Demand Avoidance



pdasociety.org.uk

<https://www.pdasociety.org.uk/>

Our current activities include

- Supporting discussions around people's experiences of living with PDA
- Providing support to individuals living with PDA and their parents/carers and also to those working with children and adults with PDA. We were delighted to win the 2017 award for Practical Support to Families at the BAPS awards
- Campaigning for greater recognition of the PDA profile
- Providing training to different audiences
- Sharing good practice and supportive ideas
- Developing new materials and tools which can aid understanding
- Collaborating with medical professionals as part of the PDA Development Group
- Organising an annual PDA day and biennial conference

Disclaimer: Alder Hey Children's NHS Trust does not have any direct links with the above organizations. We do not recommend or approve any of them or their services. This leaflet is produced solely for your information.

Buddies at Play at Anfield Children's Centre

Friday 10am - 11am

'Buddies at Play' is a specialist session that provides support for children and their families. Children need to have a social communication difficulty and they must be working with other professionals.

Together we will aim to help your child with their communication and play skills.

For more information contact Sharon.

Who to contact

Contact Name: Sharon Telephone: 0151 233 4001

E-mail: anfieldcc@liverpool.gov.uk

Website: www.anfieldchildrenscentre.org.uk/.../birthandbeyond.htm

Where to go

Anfield Children's Centre, Oakfield, Anfield, Liverpool L4 2QG

Updated On 09/01/2018

Circle Drama Group

Wednesday 1830-2100hrs.

Venue: Bridge Chapel Centre, Heath Road, Garston, Liverpool L19 4XR

Circle Drama Group began with a small group of adults with learning disabilities who had an aspiration to write and perform their own shows

Contact: Hannah Fitzgerald

Telephone: 07833251739

E-mail: hannah.fitz@live.co.uk

Website: www.thelivewelldirectory.com

Entertainments for ASD kids and adults

1. **FACT Cinema:** There will be reduced volume and increased lighting. With all tickets priced at £3, the autism-friendly screenings welcome family, friends and carers.
2. **Liverpool One Odeon:** Sunday morning screenings at 11:30 for a better viewing experience, keeping the volume lower, having no trailers and more movement around the cinema.
3. **Liverpool Museums special events:** please visit web site.
4. **Cheshire Oaks Designer Outlet Village:** check web site for special events
5. **Everyman Theatre:** The Everyman and Playhouse has been holding relaxed performances of the rock 'n' roll panto since 2011.
6. **Clarks Shoes at New Mersey Retail Park:** This popular store offers out of hours appointments on a Sunday for autism-friendly shoe fittings. The store opens at 10.30am, however appointments can be made between 10.00am and 10.30am before the store opens, to ensure a more relaxed and quiet atmosphere. To book, call 0151 427 6951.
7. **Mattel Play:** <http://www.mattelplayliverpool.com/> We are an autism friendly venue and we offer special autism sessions on the last Wednesday of each month between 17:00 and 19:00, where capacity is limited to ensure a calm and relaxed experience for all guests (please note these sessions must be booked in advance via our online booking system - select the autism option from the drop down menu and then select your visit date and ticket types).
8. **Tate Liverpool:** visit their web site for special ASD friendly events.
9. **Bubbles Soft Play, New Brighton:**
10. **Chester Zoo:** In order to become an autistic friendly visitor attraction, the zoo have trained numerous staff as autistic champions. With more than 130 zoo staff having attended autism awareness training, Chester Zoo is becoming more and more autism friendly. Quieter times are suggested on the website, with an interactive map available online and information on the animals, ensuring the best preparation is made prior to your visit.