



Animals, Including Humans

Key knowledge:

Knowing that animals, including humans, have offspring that grow into adults.

To describe the basic needs of animals, including humans, for survival (food, water, air).

To describe the importance for humans of exercise, eating the right amounts of different types of food and hygiene.

To recognise growth in animals e.g. egg → chick → chicken, child → teenager → adult.

Key vocabulary:

- | | |
|--|--|
| <ul style="list-style-type: none">• Offspring• Grow• Adults• Survival• Water• Food• Air• Exercise• Hygiene• Nutrition• Reproduce | <ul style="list-style-type: none">• Egg• Chick• Chicken• Pupa• Caterpillar• Butterfly• Spawn• Tadpole• Frog• Lamb• Sheep• Baby• Toddler• Child• Teenager• Adult |
|--|--|

Key discussion points:

- Can you explain how a caterpillar grows from an egg to a butterfly?
- What do animals need to survive? What would happen if they didn't have these things?
- How can humans stay healthy?
- Can you design a plate that would be an example of a healthy meal?

Famous people:

- Jane Goodall
- Charles Darwin
- Dr Ranj Singh
- Florence Nightingale

Useful Links and further opportunities:

- www.dkfindout.com
- www.sportengland.org
- Google search - theschoolrun.com- personal hygiene.