| Week 1 w/c 15th April | MEAT FREE ${ }^{\text {F }}$ $\square$ NDA - | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | Chef Choice | Chef Choice | Tomato \& Basil | Tomato \& Basil | Chef Choice |
| Main Meal | Tomato \& Basil pasta bake with garlic bread | Chicken Fajitas with corn on the cob and tortilla chips | All Day Breakfastsausage, hash brown, toast, beans, tomatoes, mushrooms | Spaghetti \& Meatballs | Battered fish fillet \& chips with mushy peas or baked beans |
| Meat-free Main Meal | Cheese Pie served with beans or salad | Vegetable Wrap with corn on the cob and tortilla chips | Vegetarian All Day Breakfastveg. sausage, hash brown, toast, beans, tomatoes, mushrooms | Vegetarian Meatballs with spaghetti | Cheese Toasties Vegetarian Sausage Roll |
| Side dish | Garlic Bread Salad | Tortilla Chips salad | Toast | Garlic Bread Grated Cheese | Chips Bread \& butter |
| Vegetable | Tomatoes Salad | Sweetcorn Red Pepper Salad | Mushrooms Tomatoes | Tomatoes | Mushy Peas |
| Dessert | Yoghurts, fresh fruit, cheese \& crackers, raisins | Yoghurts, fresh fruit, cheese \& crackers, raisins | Iced sponge cake <br> Yoghurts, fresh fruit, cheese \& crackers, raisins | Yoghurts, fresh fruit, cheese \& crackers, raisins | Ginger Biscuit <br> Yoghurts, fresh fruit, cheese \& crackers, raisins |

Daily options: Jacket potatoes with tuna, cheese or beans, cold tuna or cheese pasta salad, ham/cheese/tuna sandwiches, seasonal salad

Please speak to our school office regarding dietary requirements

| Week 2 w/c 22nd April | MEAT FREE <br> MONDA | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | carrot | Carrot | Tomato \& lentil | Tomato \& Lentil | Chef Choice |
| Main Meal | Wholemeal pizza served with potato wedges \& beans | Chicken breast burger in a wholemeal bun with salad or beans | Sausage \& Mash with peas \& onion gravy | Wholemeal Spaghetti Bolognese with garlic bread | Fish fingers \& chips with peas or baked beans |
| Meat-free Main Meal | Margherita Pizza served with potato wedges \& beans | Vegetarian burger in a wholemeal bun with salad or beans | Quorn sausage and mash with peas \& onion gravy | Vegetarian Spaghetti Bolognese with garlic bread | Cheese Toasties |
| Side dish | Potato Wedges | Salad <br> Beans <br> Cheese slices | Crusty bread | Garlic Bread Grated cheese | Chips Bread \& butter |
| Vegetable | Salad | Salad Cucumber Tomatoes | Cauliflower \& broccoli Carrots Peas | Tomatoes | Peas |
| Dessert | Yoghurts, fresh fruit, cheese \& crackers, raisins | Yoghurts, fresh fruit, cheese \& crackers, raisins | Shortbread Biscuit Yoghurts, fresh fruit, cheese \& crackers, raisins | Yoghurts, fresh fruit, cheese \& crackers, raisins | Chocolate Cake <br> Yoghurts, fresh fruit, cheese \& crackers, raisins |

Daily options: Jacket potatoes with tuna, cheese or beans, cold tuna or cheese pasta salad, ham/cheese/tuna sandwiches, seasonal salad

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| Week 3 w/c 29th April |  | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | Chef Choice | Leek \& Potato | Leek \& Potato | Tomato \& Basil | Chef Choice |
| Main Meal | Vegetarian Lasagne with garlic bread and mixed vegetables | Chinese Chicken Curry with rice and naan bread | Beef \& Bean Quesadilla with salad and tortilla chips | Meatballs served with wholemeal spaghetti or warm baguette | Fish fingers \& chips with peas or baked beans |
| Meat-free Main Meal | Cheese Ravioli in homemade tomato sauce with garlic bread | Vegetable Curry with rice and naan bread | Cheese \& Tomato Panini with salad and tortilla chips | Vegetarian meatballs served with wholemeal spaghetti or warm baguette | Cheese Toasties |
| Side dish | Mixed vegetables Garlic Bread | Naan bread | Tortilla Chips salad | Peas \& sweetcorn Grated cheese | Chips Bread \& butter |
| Vegetable | Salad Mixed vegetables | Carrots sweetcorn | Salad Cucumber Tomatoes | Cucumbers Tomatoes | Peas |
| Dessert | Yoghurts, fresh fruit, cheese \& crackers, raisins | Yoghurts, fresh fruit, cheese \& crackers, raisins | Apple Cake with cream <br> Yoghurts, fresh fruit, cheese \& crackers, | Yoghurts, fresh fruit, cheese \& crackers, raisins | Choc Chip Cookies Yoghurts, fresh fruit, cheese \& crackers, raisins |

Daily options: Jacket potatoes with tuna, cheese or beans, cold tuna or cheese pasta salad, ham/cheese/tuna sandwiches, seasonal salad

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| Week 4 w/c 6th May | MEAT FREE <br> MON DA | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | BANK HOLIDAY | Red Pepper | Red Pepper | Pea | Chef choice |
| Main Meal |  | Wholemeal pizza served with potato wedges and beans or salad | Carbonara Wholemeal Penne Pasta Bake with sweetcorn, peas and crusty bread | All Day Breakfastsausage, hash brown, toast, beans, tomatoes, mushrooms | Battered fish fillet \& chips with peas or baked beans |
| Meat-free Main Meal |  | Vegetarian Sausage Roll served with potato wedges and beans or salad | Vegetable \& Golden Rice Enchiladas served with mixed salad or sweetcorn \& peas | Vegetarian All Day Breakfastveg. sausage, hash brown, toast, beans, tomatoes, mushrooms | Cheese Toasties |
| Side dish |  | Potato wedges Baked beans | Crusty Bread | Toast | Chips Bread \& butter |
| Vegetable |  | Salad <br> Tomato <br> Potato | Sweetcorn Peas | Mushrooms Tomatoes | Peas |
| Dessert |  | Yoghurts, fresh fruit, cheese \& crackers, raisins | Apple flapjack Yoghurts, fresh fruit, cheese \& crackers, raisins | Yoghurts, fresh fruit, cheese \& crackers, raisins | Scones with jam Yoghurts, fresh fruit, cheese \& crackers, raisins |

Daily options: Jacket potatoes with tuna, cheese or beans, cold tuna or cheese pasta salad, ham/cheese/tuna sandwiches, seasonal salad

Please speak to our school office regarding dietary requirements

| Week 5 w/c 13th May | MEAT FREE <br> M O NDA | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | Chef choice | Tomato \& Basil | Tomato \& Basil | Vegetable | Vegetable |
| Main Meal | Tomato \& Basil Pasta | Wholemeal Spaghetti Bolognese with garlic bread | Roast dinner served with cabbage, carrots, peas, pigs in blankets, sweetcorn and roasted potatoes | Chef Choice | Fish fingers \& chips with peas or baked beans |
| Meat-free Main Meal | Welsh Rarebit | Vegetarian Spaghetti Bolognese with garlic bread | Vegetarian roast dinner served with cabbage, carrots, peas, sweetcorn and roasted potatoes | Chef Choice | Cheese Toasties Vegetable Burger |
| Side dish | Crusty bread Beans | Garlic Bread Grated cheese | Onion gravy (veg.) Crusty bread | Chef Choice | Chips Bread \& butter |
| Vegetable | Tomatoes Red Pepper Salad | Tomatoes | Cabbage Peas \& sweetcorn Carrots | Chef Choice | Peas |
| Dessert | Yoghurts, fresh fruit, cheese \& crackers, raisins | Yoghurts, fresh fruit, cheese \& crackers, raisins | Chocolate fudge cake Yoghurts, fresh fruit, cheese \& crackers, raisins | Yoghurts, fresh fruit, cheese \& crackers, raisins | Shortbread biscuit Yoghurts, fresh fruit, cheese \& crackers, raisins |

Daily options: Jacket potatoes with tuna, cheese or beans, cold tuna or cheese pasta salad, ham/cheese/tuna sandwiches, seasonal salad

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| Week 6 w/c 20th May |  | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | Chef choice | Tomato \& Basil | Tomato \& Basil | Vegetable | Vegetable |
| Main Meal | Warm green pesto pasta served with garlic bread and either mixed vegetables or salad | Chicken breast burger in a wholemeal bun with salad or beans | Pork sausage served with mashed potato, carrots and peas with onion gravy | Chicken fajita wrap served with salad and tortilla chips | Fish fingers \& chips with peas or baked beans |
| Meat-free <br> Main Meal | Cheese \& Onion tart served with garlic bread and either mixed vegetables or salad | Vegetarian burger in a wholemeal bun with salad or beans | Quorn sausage served with mashed potato, carrots and peas with onion gravy | Stir fried vegetable noodles with a vegetable spring roll | Cheese Toasties Vegetable Burger |
| Side dish | salad Garlic Bread | Salad <br> Beans <br> Cheese slices | Crusty Bread | Tortilla chips Vegetable spring roll | Chips <br> Bread \& butter |
| Vegetable | Salad Mixed vegetables | Salad Cucumber Tomatoes | Carrots <br> Peas <br> Potato | Peppers Tomatoes Onion | Peas |
| Dessert | Yoghurts, fresh fruit, cheese \& crackers, raisins | Yoghurts, fresh fruit, cheese \& crackers, raisins | Marble cake <br> Yoghurts, fresh fruit, cheese \& crackers, raisins | Yoghurts, fresh fruit, cheese \& crackers, raisins | Iced biscuit <br> Yoghurts, fresh fruit, cheese \& crackers, raisins |

Daily options: Jacket potatoes with tuna, cheese or beans, cold tuna or cheese pasta salad,
ham/cheese/tuna sandwiches, seasonal salad

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