

DOVEDALE PRIMARY LUNCH MENU

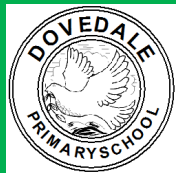
Spring Term 2 2024



Week 1 w/c 19th Feb	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Carrot	Carrot	Tomato & Basil	Tomato & Basil	Chef Choice
Main Meal	Wholemeal margherita pizza served with potato wedges & salad or beans	Wholemeal Spaghetti Bolognese with salad and garlic bread	Turkey roast dinner served with cabbage, carrots, peas, sweetcorn, pigs in blankets and roasted potatoes	Chicken Fajita Wraps with fried onions, mixed peppers & tortilla chips	Fish fingers & chips with peas or baked beans
Meat-free Main Meal	Cheese & Onion Pie with carrots & peas	Spaghetti with tomato & basil sauce	Vegetarian roast dinner served with cabbage, carrots, peas, sweetcorn and roasted potatoes	Vegetable and cheese Fajita wraps with fried onions, mixed peppers & tortilla chips	Cheese Toasties
Side dish	Spiced Potato Wedges	Garlic bread	Onion gravy (veg.) Crusty bread	Tortilla Chips	Chips Bread & butter
Vegetable	Salad Peppers	Tomatoes Sweetcorn	Cabbage Peas & sweetcorn Carrots	Sliced red peppers Iceberg lettuce Tomatoes	Peas
Dessert	Yoghurts, fresh fruit, cheese & crackers, raisins	Yoghurts, fresh fruit, cheese & crackers, raisins	Iced sponge cake Yoghurts, fresh fruit, cheese & crackers, raisins	Yoghurts, fresh fruit, cheese & crackers, raisins	Ginger Biscuit Yoghurts, fresh fruit, cheese & crackers, raisins

Daily options: Jacket potatoes with tuna, cheese or beans, cold tuna or cheese pasta salad, ham/cheese/tuna sandwiches, seasonal salad

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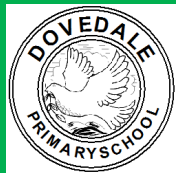
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Week 2 w/c 26th February	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Red pepper	Red pepper	Tomato & lentil	Tomato & Lentil	Chef Choice
Main Meal	Tomato & Basil pasta bake with garlic bread	Beef Chilli Tacos with tortilla chips	All Day Breakfast—sausage, hash brown, toast, beans, tomatoes, mushrooms	Scouse with crusty bread, cauliflower & broccoli	Fish fingers & chips with peas or baked beans
Meat-free Main Meal	Vegetarian Chilli & Rice	Quorn Tacos with peppers and tortilla chips	Vegetarian All Day Breakfast—veg. sausage, hash brown, toast, beans, tomatoes, mushrooms	Beans on wholemeal toast	Cheese Toasties
Side dish	Garlic bread	Wholemeal Rice Tortilla Chips	Wholemeal Toast	Crusty Bread Grated cheese	Chips Bread & butter
Vegetable	Tomatoes	Peppers Cucumber batons	Mushrooms Tomatoes	Tomatoes	Peas
Dessert	Yoghurts, fresh fruit, cheese & crackers, raisins	Yoghurts, fresh fruit, cheese & crackers, raisins	Frozen yoghurt pot Yoghurts, fresh fruit, cheese & crackers, raisins	Yoghurts, fresh fruit, cheese & crackers, raisins	Choc Chip Cookie Yoghurts, fresh fruit, cheese & crackers, raisins

Daily options: Jacket potatoes with tuna, cheese or beans, cold tuna or cheese pasta salad, ham/cheese/tuna sandwiches, seasonal salad

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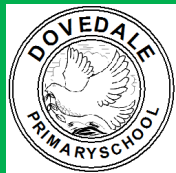
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Week 3 w/c 4th Mar	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Tomato & Basil	Tomato & Basil	Leek & Potato	Leek & Potato	Chef Choice
Main Meal	Vegetable Lasagne with sweetcorn, crusty bread and salad	Chinese Chicken Curry with rice, vegetable spring roll and flat bread	Beef and Bean Quesadillas served with salad and potato wedges	Chicken Burger in a wholemeal bun with salad or beans	Fishfingers & chips with peas or baked beans
Meat-free Main Meal	Vegetarian sausage roll served with corn on the cob	Quorn Curry with rice, vegetable spring roll and flat bread	Vegan Ravioli in homemade tomato sauce with crusty bread	Vegetable burger in a wholemeal bun with salad or beans	Cheese Toasties Vegetable Fingers
Side dish	Corn on the cob Garlic Bread	Vegetable spring roll Flat bread	Potato wedges Crusty bread	Wholemeal bread roll Cheese slices Baked beans	Chips Bread & butter
Vegetable	Sweetcorn Salad	Iceberg lettuce Sliced tomatoes	Salad Tomatoes	Peppers Iceberg lettuce Tomatoes & cucumber	Peas
Dessert	Yoghurts, fresh fruit, cheese & crackers, raisins	Yoghurts, fresh fruit, cheese & crackers, raisins	Sponge Cake with jam & whipped cream Yoghurts, fresh fruit, cheese & crackers,	Yoghurts, fresh fruit, cheese & crackers, raisins	Shortbread Biscuit Yoghurts, fresh fruit, cheese & crackers, raisins

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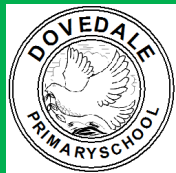
Autumn Term 2 2024



Week 4 w/c 11th Mar	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Tomato	Tomato	Pea	Pea	Chef choice
Main Meal	Cheese & Tomato Wholemeal pasta bake	Chicken Burger in a wholemeal bun with salad or beans	Carbonara penne pasta bake with sweetcorn and garlic bread	Meatball Sub with tortilla chips and salad	Battered fish fillet & chips with peas or baked beans
Meat-free Main Meal	Cheese Ravioli in homemade tomato sauce with garlic bread	Vegetable burger in a wholemeal bun with salad or beans	Vegetable Paella	Vegetable & Rice Enchilada	Cheese Toasties
Side dish	Garlic Bread	Wholemeal bread roll Cheese slices Baked beans	Garlic bread	Tortilla Chips Salad	Chips Bread & butter
Vegetable	Tomatoes Mixed vegetables	Peppers Iceberg lettuce Tomatoes & cucumber	Sweetcorn Salad	Tomatoes Salad	Peas
Dessert	Yoghurts, fresh fruit, cheese & crackers, raisins	Yoghurts, fresh fruit, cheese & crackers, raisins	Oat Cookies Yoghurts, fresh fruit, cheese & crackers, raisins	Yoghurts, fresh fruit, cheese & crackers, raisins	Chocolate cake Yoghurts, fresh fruit, cheese & crackers, raisins

**Daily options: Jacket potatoes with tuna, cheese or beans, cold tuna or cheese pasta salad,
ham/cheese/tuna sandwiches, seasonal salad**

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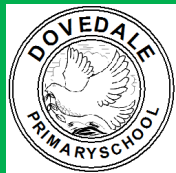
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Week 5 w/c 18th Mar	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Carrot	Carrot	Vegetable	Vegetable	Chef Choice
Main Meal	Wholemeal margherita pizza served with potato wedges & salad or beans	Chicken Korma Curry with wholegrain rice, green beans & naan bread	Sausage & Mash with onion gravy, peas and carrots	Wholemeal spaghetti Bolognese with garlic bread	Fish fingers & chips with peas or baked beans
Meat-free Main Meal	Meat-free burrito	Quorn curry with wholegrain rice, onion bhaji & Naan bread	Vegetarian sausage & mash with onion gravy, peas and carrots	Vegetarian Quorn Bolognese with garlic bread	Cheese Toasties Vegetable Burger
Side dish	Potato wedges Salad	Naan Bread Mango Chutney	Crusty bread	Garlic bread Grated cheese	Chips Bread & butter
Vegetable	Tomatoes Peppers	Onions Green beans	Peas Carrots	Tomatoes Carrots	Peas
Dessert	Yoghurts, fresh fruit, cheese & crackers, raisins	Yoghurts, fresh fruit, cheese & crackers, raisins	Choc Chip Cookie Yoghurts, fresh fruit, cheese & crackers, raisins	Yoghurts, fresh fruit, cheese & crackers, raisins	Chocolate fudge cake Yoghurts, fresh fruit, cheese & crackers, raisins

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Week 6 w/c 25th Mar	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Tomato & basil	Tomato & basil	Vegetable	Vegetable	
Main Meal	Welsh Rarebit/Toasties	Chicken Fajita Wraps with fried onions, mixed peppers & tortilla chips	Meatball Sub with tortilla chips and salad	Fish fingers & chips with peas or baked beans	
Meat-free Main Meal	Quorn Stovies	Vegetable and cheese Fajita wraps with fried onions, mixed peppers & tortilla chips	Cheese & Tomato Panini	Cheese Toasties Vegetarian Sausage roll	
Side dish	Baked beans	Tortilla Chips	Tortilla Chips Salad	Chips Bread & butter	
Vegetable	Salad	Sliced red peppers Iceberg lettuce Tomatoes	Tomatoes Salad	Peas	
Dessert	Yoghurts, fresh fruit, cheese & crackers, raisins	Yoghurts, fresh fruit, cheese & crackers, raisins	Ice cream pot Yoghurts, fresh fruit, cheese & crackers, raisins	Chocolate brownie Yoghurts, fresh fruit, cheese & crackers, raisins	

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