



Our First Mentor Newsletter



Michelle Gallagher is the Infant Department school mentor. She has 20 years' experience working in a variety of educational & pastoral support roles which includes 7 years as the senior learning support officer in Dovedale Infants.



Nicola Gwilym is the Junior Department Mentor. She has 28 years' experience working in Education as both a teacher and a Mentor. She is currently studying for her Diploma in Counselling.

The role of the Mentors

To offer support to pupils with personal issues that are worrying or upsetting them.

Parental consent will be requested before working with a child either in a 1:1 or small group setting.

Children are encouraged to discuss their feelings through a range of activities & parents/carers kept up to date through regular contact via letters, emails, telephone, face-to-face & parents' evenings.

Here are the main reasons for referral and some resources we use to support the children that we recommend to you:-

- **Confidence and Self esteem** - Giraffes Can't Dance by Giles Andreae (Story Book)
- **Anxiety** – The huge bag of worries by Virginia Ironside (Story Book)
- **Bereavement** – Muddles, puddles and sunshine by Diane Crossley (Activity book)
Website - www.winstonswish.org.uk
- **Family Issues** – Website - www.familylives.org.uk
- **Anger Issues – Creative anger expression by Roger and Christine Day** (Activity book that can be downloaded free on Amazon for Kindles)
- **Friendship issues** – Dino tales: Life guides for families by Laurie Krasny Brown & Mark Brown (Activity book)
Something else by Katherine Cave & Chris Riddell (Story book)
- **Transition** – Website - www.youngminds.org.uk

Meet the Mentors Coffee Sessions

When? : Wednesday 29 June 2016

Morning session 8.45-9.45am Afternoon session 3-4pm

Where? : Mobile Classroom in Yard

- **Have the chance to come and meet us over a cup of coffee**
 - **See some of our resources and activities we use**

We will be sending a newsletter out twice a term from September. Each newsletter will cover one of the key reasons that pupils are referred to us for.

Further information can be found on the School Website on the School Mentor link

Infant Department Mentor - Michelle Gallagher m.gallagher@dovedaleprimary.co.uk

Junior Department Mentor - Nicola Gwilym n.gwilym@dovedaleprimary.co.uk